

# COVID-19 SARS-2 Bulletin

## General Information – Travel Information

The COVID-19 situation in Switzerland is completely normalised and there are presently no travel restrictions or restrictions to daily life. We hope that WUC can be held in line with that.

We recognise, however, that there is currently a development taking place in the COVID-19 situation around the world, and we may have to implement necessary changes (will be published on this website and communicated in time to the team officials).

### Relevant information on COVID-19 in Switzerland can be found on following pages:

Daily information about Coronavirus in CH: <https://bag-coronavirus.ch/> (25 languages)

Check for entry to Switzerland: <https://travelcheck.admin.ch/check> (4 languages)

COVID-19 guidelines for sport events in Switzerland: <https://www.baspo.admin.ch/de/aktuell/covid-19-sport.html> and <https://www.swissolympic.ch/ueber-swiss-olympic/Dossier-Covid-19>

Detailed information from the Swiss Federal Council (Measures to combat the Coronavirus (COVID-19): <https://www.fedlex.admin.ch/eli/cc/2020/438/en>

## Pandemic-related measures

You can enter Switzerland without any further pandemic-related measures. There are currently no entry restrictions due to the COVID-19 pandemic. No proof of vaccination, recovery or testing is required for entry into Switzerland.

Please continue to follow the usual hygiene measures, such as keeping your distance, washing your hands and wearing a face covering in places where it is mandatory.

## Testing

Testing is still a very important measure in safeguarding the healthcare system and critical infrastructure, as well as protecting persons at high risk.

During WUC it is recommended to get tested...

- if you are experiencing symptoms (mandatory)
- if you have had longer contact with a person who has tested positive (recommended)

The federal government covers the costs of tests for anyone experiencing symptoms (PCR or rapid antigen test).

Testing possibilities are provided at the Medical Service of SFISM during the week but not at the weekend.

## Before the event – responsibility of every athlete and team

- Maximize the chance of being virus free when you're travelling to WUC 2022
- Limit social contact, avoid large crowds of people
- Special attention to high level of hygiene from 10 days prior to travel
- Observe any signs of symptoms/illness
- Take special care of precautions during travel (social distancing, wearing of masks, frequency of washing hands and sanitizing)
- Limit the number of individual contacts, e.g., team leaders take collective responsibility where possible.
- Consider individual and team insurance needs: All isolation, quarantine, medical costs will be the responsibility of the individual/team
- Testing costs (in case of symptoms) will be handled corresponding to the COVID-19 rules in Switzerland and are normally covered by the federal government.

## In case of symptoms

If anyone of your team is showing symptoms of an infection, you have to follow these steps:

- 1) Separate athletes with symptoms as soon as possible from the team (separate room – quarantine)
- 2) Announce testing of athletes with symptoms at the Medical Service at the SFISM (opening hours 8-12 am; 1.30-5 pm; phone number +41 58 467 63 26) or go directly to the Medical Centre for testing (point 1 on the map).
- 3) The result of the test will be transmitted by SMS to the athlete or given mobile phone number of the team (official). Expected time for result: 12-32 hours after test.
- 4) Until the result of the test is known, the athlete with symptoms has to stay in quarantine.
- 5) Results:
  - a) Negative – the athlete may leave the quarantine but has to follow the usual hygiene measures.
  - b) Positive – the athlete has to stay in isolation for 5 days after the first symptoms. The team is responsible to organize food and other necessary belongings for the positive athlete. Medical assistance is guaranteed by the Medical Service at the SFISM on week-days, during the week-end by the responsible person COVID-19 (phone number +41 79 266 34 08).

In case of a positive athlete, the organiser has reserved few rooms for isolation. In case of more positive athletes than reserved rooms, quarantine rooms have to be organized inside the team.

### COVID-19 SARS-2 news during the WUC Orienteering Week

Relevant information on COVID-19 during the week will be published on the <https://wucorienteering2022.ch/> Website. Rather than giving a finite COVID-19 guideline for WUC in this bulletin we kindly ask you to visit this page for updated information and links to relevant authorities.

Any decisions taken that will affect the teams, will be communicated directly to the team officials as well as be posted on the website.

**Responsible person COVID-19:** Gaby Aebersold, MD, phone number +41 79 266 34 08

**Testing point COVID-19:** Medical Centre, Medical Service, phone number +41 58 467 63 26